

Wednesday to Sunday

10am to 4pm

Menu served until 3.30pm

Toasted Teacake (vg)	3,00
With Welsh butter	
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or vegan strawberry jam as alternative.

Bacon Bap 4.75 Sausage Bap 5.00

Ketchup or Brown sauce available

Sausage Rolls 2.60 Served Cold.

Vegan alternative also available

(vg) Soup of the Day 5.50

Please ask a member of staff for todays' choice. Served with warm ciabatta & butter

## Ciabattas

Freshly made on ciabatta or gluten free roll:

Roasted Ham & Cheese	£5.50
Piri Piri Chicken & Salad	£5.50
Tuna Mayo	£5.00
(v) Tomato, Mozzarella & Basil Pesto	£5.00
(vg) Hummus, Roasted Tomatoes	
& Salad	£5.00

All our ciabattas can be toasted for an <u>additional Ll</u>

## Food Allergies & Intolerances

If you have an allergy or intolerance please let us know <u>BEFORE</u> ordering so we can provide you with an allergy guide in relation to the 14 legally defined allergens.

We do not declare every ingredient used within a dish on this menu, and recipes may be subject to change.

Gluten Free alternatives available on request.

## Hot Beverages'

Welsh Brew Tea	2,40
Herbal Teas	2,60

Earl Grey, Lemon & Ginger, Chamomile, Green Tea, Mixed Berry, Peppermint, Rooibos

Americano	2,50
Cappuccino	2,80
Latte	2,80
Flat White	2,80
Mocha	3,20
Espresso	2,00
Macchiato	2.40
Hot Chocolate	3.00
(Vegan on request)	
Kids Hot Chocolate	2,00
(Vegan on request)	
Babyccino	1.50
Marshmallows and Cream	75p
Coffee Syrups	50p
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Please ask if you would like your coffee as Single Shot or Decaf.

We can also make any of our hot drinks using Skinny milk, Soya or Oatly.

## Cold Drinks

Cans	1.60
Heartsea Farm Cans Juice Cartons	1,80 1,20
Still or Sparkling Water	1.40
Iced Tea (see our summer specials board for option	3,50
Iced Latte	3,80

Please ask for Coffee Syrup options

ALL OUR DRINKS & DISHES ARE MADE FRESH TO ORDER, AND SERVED IN BIODEGRATABLE
TAKE AWAY PACKAGING

DURING OUR PEAK BUSY TIMES THIS WILL RESULT IN WAITS

OF UP TO 45 MINS.

WE THANK YOU FOR YOUR UNDERSTANDING AND PATIENCE.